

In His Shadow Creations

Advancing God's Kingdom through the Worship Arts



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Soaking

I. Soaking is spending time with God

- A. Quiet time with God. *1 John 3:1 Behold what manner of love the Father has given us, that we should be called children of God. Therefore the world does not know us, because it did not know Him.*
- B. Allowing the Holy Spirit to take over – scary? *Ephesians 5:18 And do not be drunk with wine, in which is excess, but be filled with the Spirit.*
- C. Coming to Him with an open heart not mouth. *Psalms 27:4 One thing I have desired from Jehovah, that I will seek after: that I may dwell in the house of Jehovah all the days of my life, to behold the beauty of Jehovah, and to pray in His temple. Psalms 27:8 My heart says to You, Seek my face; Your face, O Jehovah, I will seek. Psalms 37:7 Rest in Jehovah, and wait patiently for Him; do not fret yourself because of him who prospers in his way, because of him who practices wickedness. Psalms 4:4 Tremble, and sin not; speak within your own heart on your bed and be still. Selah.*

II. Why should I soak?

- A. Soaking is the balance to our prayer life. Often we come and “dump” on God and then go on to something else. We have all been “dumped” on in our lives and know that that is not the extent of a healthy relationship. Healthy relationships include mutual communication. Soaking is a way to give God His turn to speak into our busy lives.
- B. Are you tired-spiritually dry-deaf to god’s voice? *Matthew 11:28-30 Come to Me all you who labor and are heavy laden, and I will give you rest. (29) Take My yoke on you and learn of Me, for I am meek and lowly in heart, and you shall find rest to your souls. (30) For My yoke is easy, and My burden is light. Isaiah 40:29-31 He gives power to the weary; and to him with no vigor; He increases strength. (30) Even the young shall faint and be weary, and the young men shall utterly fall; (31) but those who wait on Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; they shall walk and not faint.*
- C. Are you not sure where God is leading you? *Psalms 16:11 You will make Me know the way of life; in Your presence is fullness of joys. At Your right hand are pleasures forevermore. Proverbs 29:18 Where there is no vision, the people perish; but he who keeps the law, he is blessed.*
- D. Are you in need of healing? Physical or mental or emotional?

III. Advantages of soaking

- A. Meet God and find out who he is first-hand., *Deuteronomy 4:29 But if you shall seek Jehovah your God from there, you shall find Him, if you seek Him with all your heart and with all your soul. Acts 17:27 to seek the Lord, if perhaps they might feel after Him and find Him, though indeed He is not far from each one of us.*
- B. Deeper revelation – new vision – refreshing – receive more power. *Proverbs 29:18 Where there is no vision, the people perish; but he who keeps the law, he is blessed. Psalms 23:3 He restores my soul; He leads me in paths of righteousness for His name's sake.*
- C. Burdens lifted – hurts and pain eased – breaking the yoke of sin. *Matthew 11:28-30 Come to Me all you who labor and are heavy laden, and I will give you rest. (29) Take My yoke on you and learn of Me, for I am meek and lowly in heart, and you shall find rest to your souls. (30) For My yoke is easy, and My burden is light.*

IV. How do I soak?

- A. Relax – mind and heart on Jesus – racing thoughts? In the beginning it may take about 20 minutes to be able to relax and let all the racing thoughts subside. If there are important things that come to mind that you need to deal with, write them down so you won't forget them and then let them go for the soaking time.
- B. Invite the Holy Spirit to search your heart – distracted, re-focus.
- C. How do I know the Holy Spirit is working? You will begin to have thoughts, impressions and visions that are inspirational. Write them down. Check them against scripture. God will give you direction and answers for the situations you are in.

Conclusion: there are many places in the Bible where we are told to rest, wait and tarry. Today it seems our lives are so busy – **Being Under Satan's Yoke**. We need to set aside a place and time to meet with God. Just as we are told to make dates with our mates to make sure we are spending time together; don't you think it is even more important to make a date with God? Ask Him how often He wants you to spend soaking.

Soaking is an on-going process. You are being pickled (baptized) in his presence until you look, taste, and smell like Him.

Teaching by Wendy Hess, Jan Brenneman